



Over the past two years, efforts have been underway by community partners in Hodgeman County to complete a Community Health Assessment (CHA) and a Community Health Improvement Plan (CHIP). The goal was to define a vision for the health of Hodgeman County.

After reviewing the community health data, listed below are the CHIP Health Priorities for Hodgeman County:

- **Economic Growth and Opportunity**
- **Elderly Needs**
- **Healthy Lifestyle Choices**

We need the entire community to get involved to make a positive impact on economic opportunity, nutritious local food, physical activity and senior health in Hodgeman County.

Here are some ways you can make difference:

- Get involved in the health priorities strategies of your choice
- Learn about the Elk Plaza Business & Culinary Incubator and tell your friends about it
- Get a plot at the community garden and sell your fruits and vegetables at the Farmers Market
- Visit the Jetmore Downtown Farmers Market
- Get active in your employer's worksite wellness program
- Help make it easier for kids to walk to school by starting a walking school bus or speak to elected officials about areas that are unsafe for kids to walk to school.
- Participate in or tell your friends about the Chronic Disease Self Management Classes
- Participate in the Elder Services Survey and Community Forum
- Support your family and friends in their health by asking them to go on a walk or invite them to enjoy a healthy meal with you.

We want to hear your thoughts and ideas on how to improve community health. Contact us to learn how you can get involved.

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Supporting Resources for the Health Priorities Identified:

2013 Hodgeman County Health Survey
 Kansas Health Matters Data
 Kansas Health Ranking Data
 Hodgeman County Health Beat Directory

For web links to these resources, please check out the CHAT link on the Hodgeman County Health Department Website at www.hgcohealthdept.com

Hodgeman County Community Health Improvement Plan (CHIP)

Economic Growth and Opportunity



Goals

- Increase availability and quality of affordable housing.
- Support business development and growth.
- Brand Hodgeman County as a Healthy Community.

Planned Strategies:

Survey Current Housing Stock and Needs:

- Complete the KS Housing Assessment Tool
- Conduct Low to Moderate Income Survey

Provide Continued Support for New & Established Businesses:

- Complete a Business Retention Survey
- Apply for E-Community status
- Further develop & market Elk Plaza Business & Culinary Incubator
- Participate in Jon Schallert's Destination Bootcamp For Businesses
- Increase food tourism & agritourism in Hg Co

Integrate Healthy Lifestyle Promotion into Overall Marketing Plan for the County

Healthy Lifestyle Choices



Goals

- Support residents trying to make a commitment to lifestyle changes including: exercise, nutrition and maintaining a healthy weight.
- Enhance marketing and communication related to health and wellness resources.
- USE the 12345 Fit-Tastic Messages in all Programs

Planned Strategies:

Develop a Farm to Food Council • GROW•

- Promote the Downtown Farmer's Market
- Expand the Community Gardens Program

Promote Safe Routes to School Program

- Make Hodgeman County more walk-able and bike-able
- Develop a Community Walking Map

Enhance and Promote Exercise Opportunities

Participate in Hodgeman Co. WorkWell Kansas Program

- Help businesses develop worksite wellness programs

Promote Chronic Disease Self-Management Program

- Learn to manage your chronic disease
- For 6 weeks participants meet once a week for 2.5 hrs.

Improve the "Health Beat" Community Health Brochure

Elderly Needs



Goals

- Improve the coordination of senior care in Hodgeman County.
- Raise awareness of new and existing programs and services for the elderly population.

Planned Strategies:

Identify Service Needs of the Elderly Population

- Conduct a survey of the elderly in Hodgeman County
- Convene a Community Forum to share findings
- Include Area Agency on Aging in the Forum

Offer SHICK counselors in Hodgeman County to assist with Medicare Part D Enrollment

For more details check out the CHAT link of the Hodgeman County Health Department website at www.hgcohealthdept.com