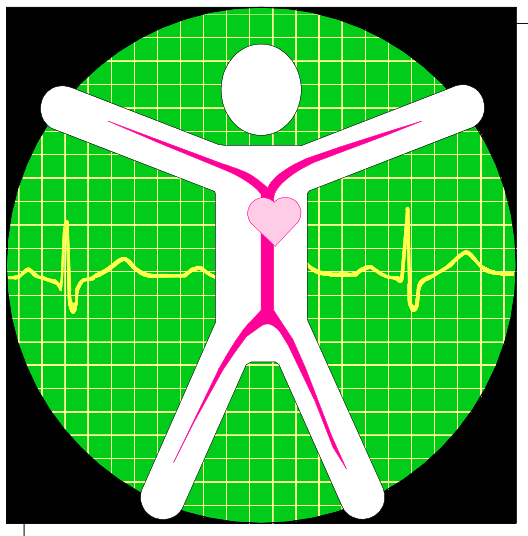


Hodgeman County Health Beat

Health Directory
Updated 2011



Click "Bookmarks" in upper left to view contents.

If you have questions or updates that need to be taken care of, please contact:

Hodgeman County Health Department
620-357-8736

Health Beat

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Adult Learning Center

Contact Person: Coordinator Marti Aberson
700 Avenue G
Dodge City, KS 67801
620-225-0186
620-225-4230 fax
E-mail: alc@dc3.edu
www.dc3.edu

Hours: Monday – Thursday 8:00 am - 5:30 pm
Friday 8:00 am - 12:00 pm

SERVICES OFFERED:

- ◆ GED Testing:
GED Testing is offered once a month in English and once a month in Spanish. Practice Test every second Tuesday by appointment. Call for practice test dates, times, and fees. GED is every third Wednesday and Thursday.

- ◆ English as a Second Language Class:
Classes available Tuesday-Thursday, 9:00-12:00; 5:00- 8:00. Call for enrollment times.
Beginner-Intermediate-Advanced Levels
and students are placed in levels based on pretest score.

- ◆ Citizenship Classes:
Citizenship skills taught for students enrolled in ESL program. ESL students should talk to their instructor.

- ◆ Technology:
Classes are available for students enrolled in adult education classes at the ALC. Students should talk to their instructor.

American Heart Association

The American Heart Association mission is to build healthier lives, free of cardiovascular diseases and stroke. That single purpose drives all we do. The need for our work is beyond question.

American Heart Association Contact Information

www.americanheart.org

1-800-242-8721

American Heart Association of Kansas Headquarters
Kansas Affiliate, Inc, American Heart Association
5375 SW 7th Street
Topeka, KS 66606-2395

Local Contact Person:

Pat Housman
21750 SE 225 Rd
Hanston, KS 67849
620-623-2347

SERVICES PROVIDED:

- ◆ Cardiopulmonary resuscitation (CPR) classes scheduled as requested.

American Red Cross

Our JOB is Simple... We MERELY Respond to:

- Fire
- Tornados
- Hurricanes
- Floods
- Hailstorms
- Explosions
- Plane Crashes
- All Disasters

American Red Cross Contact Information

www.redcross.org

1-800-733-2767

Contact Person: Carolyn Henry, Executive Director
Garden City Area Chapter
210 Fulton Terrace
Garden City, KS 67846
620-276-2762
gcredcross@gcredcross.kscoxmail.com

SERVICES PROVIDED:

- ◆ Teach First Aid, CPR, Aquatics
- ◆ Provides help to families in need after natural disasters

Area Mental Health Center

Service Locations: Garden City

- Outpatient Office
1111 East Spruce Street
Garden City, KS 67846
620-276-7689
- Community Support Services
531 Campus View Street
Garden City, KS 67846
620-275-9434
- Behavioral Health Services
St. Catherine Hospital
401 East Spruce Street
Garden City, KS 67846
620-272-2500
www.areamhc.org

Dodge City

- Outpatient Office
2101 West Highway 50 Bypass
Dodge City, KS 67801
620-227-8566
- Community Support Services
3000 North 14th Ave.
Dodge City, KS 67801
620-227-5040

Outpatient Services:

- ◆ Individual, Couples, Family, and Group Psychotherapy
- ◆ Medication Evaluations and Medication Follow-up
- ◆ Psychological Testing
- ◆ Drug and Alcohol Abuse Treatment
- ◆ Domestic Violence Programs
- ◆ Critical Incident Stress Debriefing
- ◆ Emergency Evaluations 24/7
- ◆ Employee Assistance Program
- ◆ In-Home Family Therapy

Community Based Children's Services:

- ◆ Individual Case Management
- ◆ Psychosocial Rehabilitation Groups on Anger Management, Social Skills, Problem Solving, Self-Esteem, Hygiene, & more
- ◆ Wrap-around Services
- ◆ After-school Programs
- ◆ Summer "Get Set" Program
- ◆ Parent Support Program
- ◆ Therapeutic Preschool Programs
- ◆ Rocky Mountain High Camping Program
- ◆ Family Camp
- ◆ Strengthening Families Program
- ◆ Professional Resource Family Care
- ◆ Attendant Care
- ◆ Psychosocial Rehabilitation
- ◆ Respite Care

Community Support Services:

- ◆ Medication Management
- ◆ Anger Management Groups
- ◆ Mental Health Assistants
- ◆ Case Management
- ◆ Psychosocial Group on Anger Management, Social Skills, Problem Solving, Self-Esteem, Hygiene, and more
- ◆ Dual Diagnosis and Substance Abuse Services
- ◆ Liaison Services
- ◆ Medical (Psychiatric) Services
- ◆ Psychosocial Groups
- ◆ Transitional Living Center
- ◆ Supported Employment Services
- ◆ Supported Housing

Behavioral Health Services:

- ◆ Inpatient Acute Care Psychiatric Services
- ◆ All Psychiatric Conditions treated
- ◆ Medication intervention, occupational therapy; individual, family, and group therapy
- ◆ Alcohol and Drug Assessments
- ◆ Individualized Treatment Plan
- ◆ Adult and Child Services

Mission

From Head to Heart....You Matter!

We partner with our 13 counties of Southwest Kansas to provide comprehensive mental health services.

Vision

The Area Mental Health Center vision is to identify and respond to the ever-changing needs of our consumers and communities by:

- Always enhancing and improving what we do and how it's done**
- Strengthening support systems and community partnerships**
- Providing consumer-centered and consumer-driven care**
- Improving community awareness of needs and services**
- Recruiting and retaining quality staff**
- Exceptional services and quality assessments**

Arrowhead West, Inc.

1100 East Wyatt Earp Blvd
Dodge City, KS 67801
620-227-8803
www.arrowheadwest.org

Arrowhead West, Inc., is a non-profit organization that provides early intervention services to children birth through 3 years of age and special services to adults age 18 and older.

SERVICES PROVIDED:

- ◆ Child Find and Child Evaluation
Tests are done to determine if your child needs early intervention services. Screenings test how well your child learns; communicates; gets along with others; hears, sees, moves; and does things independently.
- ◆ Referral
- ◆ Family Services Coordination
Activities to help a family find and use services in a way that meets the needs and wishes of the child and family.
- ◆ Intervention Programs
Services that meet the developmental needs of a child and the needs of the family to improve the child's developmental skills.

These services may include:

Speech-Language
Physical Therapy
Special Instruction

◆ Respite Care

Program to help sustain the family or other primary care giver by providing them temporary relief from the ongoing responsibility of care for a member of the family who has a disability.

◆ Transition to School

◆ Assistive Technology

◆ Summer Groups

◆ Resource Library

◆ Community Living Services

The goal of this program is to enable persons served to have the best possible quality of life through integrated community service.

◆ Adult Life Skills

Program that provides training in life skills, personal social adjustment, work attitude and skills exploration. Also helps to prepare for or achieve active retirement. And helps to improve or maintain functioning, or reduce regression of individuals with very limited personal, social and pre-vocational skills.

◆ Employment Services

Provides work opportunities and instruction to assist persons with disabilities to maximize their vocational abilities.

Birthright of Dodge City

605 Avenue B
Dodge City, KS 67801
620-225-1249
1-800-550-4900

Call Hotline for Hours

Services Provided:

- ◆ Free Pregnancy Test
- ◆ Maternity Clothing
- ◆ Baby Clothing
- ◆ Confidential and Empathetic Conversations
- ◆ Baby Development Information

Not a Medical Facility

The Cancer Information Service

The Cancer Information Service is a program of the National Cancer Institute. It is a nationwide telephone service for cancer patients and their families and friends, the public and health care professionals. The staff can answer questions (in English or Spanish) and can send free National Cancer Institute materials about cancer. They also know about support groups and other resources and services.

Cancer Information Service
1-800-4-CANCER (1-800-422-6237)
www.cancer.gov

American Cancer Society

High Plains Division, Inc.
1315 SW Arrowhead
Topeka, KS 66604-4020
1-800-359-1025

Local Contact: Vickie Jo Miller
High Plains Division, Inc., Kansas Region
118 S Pearl
St. John, KS 67576
620-549-3602

They can provide you with information about cancer, survivors, professionals, donors, volunteers, how to join the fight, statistics, studies, Relay for Life, and so much more.

You can also call the national American Cancer Society at **1-800-ACS-2345** or visit them on the web at www.cancer.org.

Child Care Resource and Referral Child Care Aware

Parents looking for child care

1-877-678-2548

www.ks.childcareaware.org

A statewide, toll-free number for assistance to find child care in your community. A trained professional will be available to assist families in customizing their search for child care. The staff members will do all they can to help so that you can find the caregiver or program that best suits you and your child.

Make an informed decision before choosing your child's caregiver by calling the Child Care Resource and Referral Program.

Day Care Providers will receive services from Child Care Aware of
Southwest Kansas (Resource & Referral Agency)

714 Ballinger

Garden City, KS 67846

Toll Free: 866-550-1510

or 620-275-1510 or

620-275-4102 fax

Technical Assistance Calls, Lending Library, Resource Items,
Professional Development Events, Updating Your Program
Information etc.

Dodge City Family Planning

Location: 811 North 2nd
Dodge City, KS 67801
620-225-1933

The Dodge City Family Planning Clinic was established in 1976 and is governed by a board of directors who are all volunteers. Two employees staff the clinic office, an Advanced Registered Nurse Practitioner, and a bilingual secretary (Spanish).

SERVICES PROVIDED:

- ◆ Physical Assessment
- ◆ Breast Examination (also teach self breast exam)
- ◆ Pap Smear for cancer
- ◆ Sexually transmitted Disease Screening and Treatment
 - Chlamydia Test
 - Syphilis Serology
 - Gonorrhea Culture
 - HIV Testing and Counseling
- ◆ Urinalysis
- ◆ Education about your body
- ◆ Your Choice of Birth Control
- ◆ Pregnancy Tests
- ◆ Counseling
- ◆ Sterilization Information
- ◆ Morning After Contraceptives

Charges for Family Planning can be modest and flexible, depending on your income, expenses and number of dependents. Insurance and Medicaid accepted.

Business Hours:

Monday, Wednesday, Friday: 8 am - 5:30 pm
Tuesdays: 1:00 - 5:30 pm
Call for appointments

Early Childhood Education

The purpose of the Early Education Center is to identify and assist children ages 3-5 who are not developing appropriately in the areas of:

- ◆ Thinking Skills
- ◆ Language Skills
- ◆ Speech Skills
- ◆ Motor Coordination
- ◆ Social Skills

The goals of the program include:

- ◆ Locate children who have special needs.
- ◆ Provides free preschool education.
- ◆ Provide individualized instruction to meet the child's needs.
- ◆ Prepare children for Kindergarten
- ◆ Assessments done upon request
- ◆ Peer model positions available based on enrollment.

Contact:

- ◆ Hodgeman County Elementary Early Childhood Program
301 Douglas
Jetmore, KS 67854
620-357-8395
- ◆ Parents As Teachers (see Page 45)
- ◆ Other area Preschools
Contact the Hodgeman County Health Department

Emergency Numbers

- ◆ Kansas Poison Center (Poison Control)
1-800-222-1222
1-800-332-6633
www.kumed.com/poison

- ◆ Hodgeman County Ambulance
911

- ◆ Hodgeman County Fire Department
911

- ◆ Hodgeman County Sheriff's Office
911
www.hodgemansheriff.us

- ◆ Hodgeman County Information Line
1-888-Hodgeman (1-888-463-4362)

This information line will have general county information, weather updates and will be used to advise the public of needed information in the event of an emergency.

Also see Kansas Alcohol & Drug Abuse, Crisis Services, and Home Health Services pages.

Employment Services

Services to help those who are unemployed or underemployed.

◆ State Employment Service

Acts as a matching service to help those needing employment.

www.kansasworks.com

Dodge City Workforce Center
2308 First Avenue
Dodge City, KS 67801
620-227-2149
620-227-9667 fax

Garden City Workforce Center
107 E Spruce
Garden City, KS 67846
620-276-2339
620-276-7306 fax

Exercise and Recreation

Hodgeman County Recreation Commission Director:

John Ewy 620-357-6417 (home)
620-357-1673 (cell)

Other Jetmore Contacts:

Michelle Crabill Rick Mihm
620-357-6202 785-656-0260

Britt Ewy Andy Stairrett
620-793-4259 620-357-1310

Trish Harms Chad Burns
620-357-8432 620-623-2349

JETMORE REC COMMISSION PROGRAMS:

Youth:

- ◆ Softball
- ◆ Basketball
- ◆ Baseball
- ◆ Track
- ◆ Football Camp
- ◆ Basketball Camp
- ◆ Volleyball Camp
- ◆ Golf
- ◆ Swimming lessons

Adult:

- ◆ Coed Volleyball
- ◆ Softball
- ◆ 3 on 3 Basketball
- ◆ Baseball Camp
- ◆ Weight Room

OTHER RECREATIONAL POSSIBILITIES:

- ◆ Walking is allowed in the Hanston School Gym.
- ◆ Jetmore Track located at the High School is open to all walkers and runners... no bikes or rollerblades.
- ◆ Jetmore City Park located at Wash St. and Benton.
- ◆ Kenyon Nature Parkway located at Bramley and Kenyon.

Family Preservation ... Saint Francis Academy

The Saint Francis Academy Family Preservation
217 East 32nd
Hays, KS 67601
785-628-3111
www.st-francis.org

The Saint Francis Academy, Inc., is a national, not for profit behavioral healthcare organization which provides preventive and curative treatment to troubled youth and family members, ministering to mind, body and spirit through therapy in Christ. Their mission is to facilitate healing in youth and their families so that they can live as responsible and productive members of society with vision and hope.

Campuses are located at Ellsworth, Salina, Atchison, and Kansas. All are accredited by the Joint Commission on Accreditation of Healthcare Organizations.

Each campus offers different programs for their treatments.

Farmworker Health Program

Contact: Hodgeman County Health Department
 500 Main, Courthouse, PO Box 86
 Jetmore, KS 67854
 620-357-8736
 State Office: 785-296-1200
 www.kdheks.gov/olrh

Medical services available for farmworkers!

Qualifications

1. Worked in agriculture in the past 2 years.
Agriculture includes:
 - ◆ Working with crops- planting, cultivating, harvesting, etc.
 - ◆ Working with nurseries, tree farms, orchards, etc.
2. Low income
3. Without health insurance

If you meet all 3 qualifications, you and your family are eligible for help with medical services.

Medical services that are available:

- ◆ Primary Care
- ◆ Pharmacy
- ◆ Dental
- ◆ Lab and X-Ray

NOTE: *Does not include Emergency Room and Hospitalization or Surgeries*

Hanston City Library

Contact: Karen Salmans, Librarian
105 North Logan
Hanston, KS 67849
620-623-2798

The Library has a collection of 5000 volumes including numerous magazine subscriptions and the Jetmore Republican.

SERVICES INCLUDE:

- ◆ InterLibrary Loan
- ◆ Rotating Books from Southwest Kansas Library System
- ◆ BPH Resources (Blind and Physically Handicapped)
- ◆ Internet Kansas Health online
- ◆ Automation collection available online

Business Hours:

Monday	1:00 - 6:00 pm
Wednesday	1:00 - 5:00 pm
Saturday	9:00 am - noon

Health Hotlines / Websites

- ◆ American Heart Association
1-800-242-8721 www.americanheart.org

- ◆ American Cancer Society
1-800-227-2345 www.cancer.org
ACS Kansas 1-800-359-1025

- ◆ American Lung Association
1-800-586-4872 www.lungusa.org

- ◆ Cancer Information Service
1-800-422-6237 www.cancer.gov

- ◆ CDC National AIDS Hotline
1-800-232-4636 www.cdc.gov/hiv

- ◆ Kansas State Abuse/Neglect Hotline
1-800-922-5330 www.srs.ks.gov

- ◆ Kansas Statewide Domestic Violence and Sexual
Assault Hotline: 1-800-400-8864 or 1-888-END ABUSE
www.kcsdv.org

- ◆ Kansas Tobacco Use Prevention Program
1-866-KAN-STOP www.kdheks.gov/tobacco
(More information see page 36)

- ◆ Substance Abuse & Treatment
1-800-662-HELP (4357) www.samhsa.gov

HealthWave

HealthWave is a program for children in families with limited income that provides insurance at little or no cost.

- ◆ HealthWave covers children from birth to age 19
- ◆ HealthWave provides low cost or free insurance*

**Some families will pay a small monthly premium, depending on income.*

HealthWave health plans cover:

- ◆ regular checkups
- ◆ office visits
- ◆ pharmacy
- ◆ prenatal care and delivery
- ◆ mental health and substance abuse services
- ◆ other services are covered too. Your health plan will give you a complete list.
- ◆ immunizations
- ◆ dental care
- ◆ hospital care
- ◆ vision and hearing

To qualify, your child must:

- ◆ live in Kansas, even if for a short time
- ◆ be under the age of 19
- ◆ live in a family which income qualifies
(Call the 1-800 # below for income guidelines)
- ◆ have no other health insurance
- ◆ live in a family which does not qualify for state employee insurance.

For questions or to receive an application, call toll free
1-800-792-4884

www.kansashealthwave.org

Applications and information also available at the
Hodgeman County Health Department. Call (620) 357-8736.

Hodgeman County Health Center Hospital

Our mission is to provide health care in a caring environment, wherein the healing of the whole person can take place through treatment which manifests a deep respect for human life.

Location: 809 West Bramley / PO Box 310
Jetmore, KS 67854
620-357-8361
www.hchconline.org

Services Provided:

- ◆ 13 Acute care beds
- ◆ 24 Hour Nursing Care
- ◆ Physical Therapy
- ◆ Social Services
- ◆ Emergency Room
- ◆ Lifeline
- ◆ Outpatient Surgery
- ◆ Diet Counseling
- ◆ Medicare Certified Swing Beds
- ◆ 25 Long Term Care Beds
- ◆ CT Scanner
- ◆ Laboratory
- ◆ Digital Mammograms
- ◆ MRI
- ◆ Nuclear Med

Business Office Hours: M-F: 7:30 am - 5:00 pm

Hodgeman County Health Center Community Health Services

*For consumers 60 years of age and older.
Eligibility based on specific needs and income.*

Call 620-357-8361

- ◆ **Older Americans Act Program**
- ◆ **Senior Care Act Program**
- ◆ **Frail Elderly Waiver**

Services can include homemaker, respite care, medical transportation, Personal Emergency Response.

◆ **Lifeline Program:**

Easy to use personal response services for older adults living at home to be able to get quick assistance 24/7. When someone needs help, they just press their personal help button that they wear and within seconds Lifeline monitor responds.

Hodgeman County Health Center Long Term Care Unit

Location: 809 Bramley / PO Box 310
Jetmore, KS 67854
620-357-8361

- ◆ Medicaid Certified
- ◆ 25 Bed Nursing Care Facility
- ◆ Licensed by the State of Kansas
- ◆ Distinct unit attached to the hospital, with licensed nursing staff providing 24 hour care.

Services Available:

- ◆ Rehabilitation Services
(PT, OT, and SLP)
- ◆ Nutritional Consultations
- ◆ Social Services
- ◆ Beauty/Barber Shop
- ◆ Individualized and group activities
- ◆ Family and Friends are welcome to visit

Hodgeman County Health Center Bramley Place

Location: 817 W Bramley
Jetmore, KS 67854
620-357-8361

- ◆ Independent living apartments for persons age 55 or over

Hodgeman County Health Department

Location: 500 Main, Courthouse
PO Box 86
Jetmore, KS 67854
620-357-8736
www.hgcohealthdept.com

SERVICES PROVIDED:

◆ **Laboratory Services:**

Hemoglobin, lead screening, urine dipstick, glucose, pregnancy test, stool for occult blood, lipid profile (cholesterol)

◆ **Maternal Health:**

- Maternal assessment, education, counseling and referral through WIC program and M&I program (M&I program provides some financial assistance with prenatal care)
- Prenatal packets to pregnant women
- Breast-feeding education and Breast Pump rental & purchase program
- Home visits to pregnant women and newborns through the Healthy Start Program

◆ **Child Health:**

- Vision, hearing, speech and dental screening
- Growth and development assessment
- Physical assessments for Kan-Be Healthy, day cares and schools
- Infant, Convertible, High Back Booster and Backless Booster car seats for purchase with certified safety seat technician help to properly install the car seat
- Injectable medication administered, including allergy shots, etc
- School screenings
- Immunizations
- Nutritional assessment, education and food vouchers through WIC
- Information and referrals for home water testing
- Information about licensed babysitters and daycare licensure
- Low cost bike helmets available
- Fluoride Varnish

◆ **Adult Health:**

- Vision and hearing screening
- Early detection, education and monitoring of chronic health problems, including blood pressure, blood sugar and cholesterol
- Cholesterol lowering nutrition classes available
- Injectable medication administered, including allergy shots, etc
- Information and referral for family planning services
- Immunizations administered including Tetanus, Hepatitis B, Hepatitis A, Flu, Pneumonia
- Food borne illness and disease outbreak investigation
- Information and referral for home water testing and septic system permits
- Make home visits to homebound clients to monitor health status and provide needed health care services including medication set ups, nail care, dressing changes, lab test collection, etc.
- Education on early detection of breast cancer with referrals for breast exams and mammograms (free mammograms & cervical exams if income eligible)
- Assessment of vaccine requirements for international travel

Health Department Hours:

Monday, Tuesday, Thursday	8:00 am - 3:30 pm
Wednesday	8:00 am - 5:00 pm
1 st Wed. of month	1:00 pm - 6:30 pm
Friday	8:00 am - 12:00 pm
<i>Closed everyday 12:00 pm - 1:00 pm</i>	

Nurses available for Health Department services and immunizations at:

- ◆ Hanston Senior Center ... Blood pressure clinic
First Wednesday of month 10:30 - 12:00
(Immunizations with prior arrangement)
- ◆ Health Dept. in Jetmore ... Every Wednesday 1-5 pm
First Wednesday of month 1-6:30 pm
or other times by appointment
- ◆ Jetmore Senior Center ... Blood pressure clinic
First Thursday of month 10:00-12:00

Hodgeman County School District, USD 227

Address: Administrative Office
301 Douglas
Jetmore, KS 67854
620-357-8301

Hodgeman County Elementary (PS-6)
301 Douglas
Jetmore, KS 67854
620-357-8395

Hodgeman County Jr/Sr (7-12)
500 Niederacher
Jetmore, KS 67854
620-357-8376

www.usd227.org

The Hodgeman County School District offers
Kindergarten - 12th grade.

Special Education services are provided for children 3 years to 21 by
Southwest Kansas Area Special Education. Special Education Services
Include:

- ◆ Screening
- ◆ Comprehensive Evaluations
- ◆ Accommodations and modification to general education curriculum
- ◆ Services for hearing impaired, visually handicapped, autism, and students with learning problems
- ◆ Transportation

Participants must qualify through comprehensive evaluation for special education under IDEA-97R. To initiate services, contact principal or counselor of school if child is having difficulties in school. There is no fee for services.

The Hodgeman County School District has a computer learning lab and provides School Lunch and School Breakfast programs.

Outreach Classes: Dodge City Community College
2501 N 14th Avenue
Dodge City, KS 67801
1-800-367-3222
www.dc3.edu

Home Health and Support Services

A. Home Health Services:

- ◆ APRIA Health Care
408 Frontview
Dodge City, KS 67801
1-800-723-0402
- ◆ Hodgeman County Health Dept.
Karen Haug, Adm.
500 Main, Courthouse
Jetmore KS 67854
620-357-8736
- ◆ Via Christi Home Medical
2601 Central / Village Square Mall
Dodge City, KS 67801
620-227-7080 or 1-800-458-6834
or
322 N Main
Garden City, KS 67846
620-275-0863

B. Senior Assistance:

- ◆ SW KS Area Agency on Aging
236 San Jose St/ PO Box 1636
Dodge City, KS 67801
620-225-8230 or 1-800-742-9531
(see page 54)
- ◆ Hg Co Health
Center Community
Health Senior Svcs
620-357-8361

C. Hospice Programs:

- ◆ Hospice of the Prairie & Prairie Home Health
200 Fourth Circle / PO Box 1298
Dodge City, KS 67801
620-227-7209
- ◆ St Catherine Home Health & Hospice
601 N Main Street Ste B
Garden City, KS 67846

D. Housing:

- ◆ Jetmore Housing Authority
412 Bramley,
Jetmore, KS 67854
620-357-8535
- ◆ Bramley Place
817 W Bramley
Jetmore, KS 67854
620-357-8361

Insurance Needs

◆ Medicare

2947 SW Wannamaker Drive
Topeka, KS 66614-4193
785-273-2552

www.medicare.org

www.kfmc.org

◆ Kansas Insurance Commission

Free Consumer Assistance Hotline
1-800-432-2484

www.ksinsurance.org

◆ HealthWave

1-800-792-4884

See complete listing under HealthWave page 21

◆ Social and Rehabilitation Services

1-888-369-4777

*See complete listing under Social and Rehabilitation
Services page 52*

www.srs.ks.gov

◆ Farmworker Health Program

Hodgeman County Health Department
500 Main, Courthouse, PO Box 86
Jetmore, KS 67854
620-357-8736

*Provides medical services to farmworkers who meet specific
qualifications. See complete listing under Farmworker Health
Program page 18*

Jetmore Public Library

Contact: Jacque Sherrill, Librarian
308 Main Street
Jetmore, KS 67854
620-357-8336
E-mail: jetpl@jetpl.info

SERVICES PROVIDED:

- ◆ The Library has a collection of more than 20,000 volumes including numerous magazine subscriptions and newspapers including the Jetmore Republican and the Dodge City Daily Globe
- ◆ Free Library cards.
- ◆ InterLibrary Loan
- ◆ P.A.T. Partnership
- ◆ Summer reading program for infant - teen
- ◆ Medical Reference Collection
- ◆ Kansas Books Collection
- ◆ Rotating Books from Southwest Kansas Library System
- ◆ BPH Resources (Blind and Physically Handicapped)
- ◆ Friends of the Library Organization
- ◆ Along with many other items including: Internet, fax machine, copy machine, printer and notary.

Library Hours:

Monday	10-1 and 2-7
Tuesday & Thursday	10-1 and 2-5:30
Wednesday & Friday	2 - 5:30

Kansas Alcohol & Drug Abuse and Crisis Service

◆ Al-Anon Family Group:

Support group for families of alcoholics.

Contact: New Chance, Inc for date, time and meeting place
620-225-0476 or 620-225-3779

◆ Alcoholics Anonymous:

Support group for alcoholics and recovering alcoholics.

Contact: New Chance, Inc for date, time and meeting place
620-225-0476 or 620-225-3779
see page 41

◆ Area Mental Health:

PO Box 1376

Dodge City, KS 67801

620-227-8566

*Provides mental health services, as well as alcohol and
drug abuse therapy.*

see page 4

◆ Crisis Center of Dodge City:

605 Central

Dodge City, KS 67801

620-225-6987

Local Hotline: 620-225-6510

Toll Free Hotline: 1-866-270-2270

*Provides services and referrals for domestic violence and
crisis situations.*

◆ State Hotline for Domestic Violence and Sexual Assault:

1-888-END-ABUSE

www.kcsdv.org

◆ **Catholic Social Service:**

906 Central Avenue
Dodge City, KS 67801
620-227-1562

www.catholicsocialservice.org

Catholic Social Service provides a range of social services that are designed to strengthen and empower individuals, families and communities throughout the **28 counties of southwest Kansas**.

- ◆ Adoption Services
- ◆ Pregnancy Counseling
- ◆ Teen Mom's Program
- ◆ Marriage Education Classes
- ◆ Counseling
- ◆ Emergency Assistance

◆ **Family Preservation... Saint Francis Academy**

See page 17

◆ **New Chance, Inc.**

2500 E. Wyatt Earp Blvd, PO Box 43
Dodge City, KS 67801
620-225-0476 or 620-225-3779

Provides alcohol and drug abuse recovery services.

◆ **Southwest Kansas Regional Prevention Center**

801 Campus Drive
Garden City, KS 67846
620-276-9624

www.kspc-southwest.org

Provides programming and referral services.

◆ **United Methodist Youthville**

See page 59

OTHER HOTLINES

See Health Hotlines on page 20

Kansas Legal Services

Location: 100 Military Plaza, Suite 101
PO Box 577
Dodge City, KS 67801
620-227-7349

Kansas Legal Services is dedicated to provide quality legal services to economically disadvantaged Kansans.

They provide advice and representation for low income and disadvantaged Kansans on the following issues:

- ◆ Agriculture Law
- ◆ Consumer Law
- ◆ Disability Law
- ◆ Education Law
- ◆ Elderly Law
- ◆ Family Law
- ◆ Health Law
- ◆ Housing Law
- ◆ Public Benefits Law
- ◆ Rural Community Development

State office: 712 South Kansas Avenue, Suite 200
Topeka, KS 66603
785-233-2068
1-800-723-6953
www.kansaslegalservices.org

Kansas State - Hodgeman County Research and Extension Service

Location: 500 Main, Courthouse, PO Box 38
Jetmore, KS 67854
620-357-8321
E-mail: hg@ksre.ksu.edu
www.hodgeman.ksu.edu

The Cooperative Extension Service was designed to extend technical expertise and research findings to help people improve their homes, families, farms, businesses and communities.

Educational programs are provided to people of all ages covering four broad areas:

- ◆ 4-H and Youth
- ◆ Family and Consumer Sciences
- ◆ Agriculture
- ◆ Community Development

Business Hours:
Monday - Friday: 9-12, 1-5

Kansas Tobacco Use Prevention Program

The Kansas toll free Quitline links callers with trained counselors. These specialists help plan a quit method that fits each person's unique pattern of tobacco use. Convenience and privacy are the cornerstones of the Kansas toll-free Quitline.

Call 1-866-KAN-STOP (526-7867)

www.kdheks.gov/tobacco

Licensed Childcare Providers

Contact: Hodgeman County Health Department
 500 Main, Courthouse
 Jetmore, KS 67854
 620-357-8736

Contact the Health Department to receive information concerning how to become a licensed childcare provider.

or

Contact the Child Care Resource and Referral Agency to locate a child care provider in our area. (see page 11)

Lions Club of Jetmore and Hanston

Contact Person: Ron Ridley
Jetmore, KS 67854
620-357-8391 (work)

or

Michael Crutchley
Jetmore, KS 67854
620-357-8391 (work)

SERVICES PROVIDED:

- ◆ Help provide eyeglasses for children and adults referred to organization by County Health Department
- ◆ Contribute funds toward band members participating in State Band at Lions Convention
- ◆ Have established a scholarship fund for students (old or young) attending college or vo-tech
- ◆ Clean 2 miles of Highway Right-of-Way

Make a Difference Information Network

The Make a Difference Information Network for Children and Adults with disabilities is for anyone seeking information about the services and resources that are available in Kansas. It is a network of many cooperating programs to help you find the right agency in your community to contact.

INFORMATION IS AVAILABLE ABOUT:

- ◆ Advocacy and Legal Organizations
- ◆ Respite care during vacations, weekends or family emergencies
- ◆ Screening, diagnosis, and evaluation
- ◆ Early intervention for infants and preschool children
- ◆ Education, public health and social service agencies
- ◆ Counseling
- ◆ Parent support groups
- ◆ Resource materials for families
- ◆ Benefits coordination

Make a Difference Information Network

1-800-332-6262

www.makeadifferenceks.org

Ministerial Alliance Food Pantry

The Hodgeman County Ministerial Alliance has a food pantry in both Jetmore and Hanston, available during the entire year. The food pantry is meant to be an emergency need basis to supplement the food supply in the home.

If there is a need or if you know of a need, contact:

- ◆ Faith Fellowship Church
620-525-6261
- ◆ Catholic Church
620-357-8791
- ◆ Jetmore Methodist Church
620-357-6237
(Location of food)
- ◆ Hanston Methodist Church
620-623-4381
(Eleanor Jarrett)
620-623-4391
- ◆ Presbyterian Church
620-357-8739
- ◆ Hanston Baptist Church
Hanston Mennonite Church
620-623-4561
- ◆ Hodgeman County Health Department
620-357-8736

Or contact any church in Hodgeman County

New Chance, Inc.

2500 E. Wyatt Earp
Dodge City, KS 67801
620-225-0476
(24 hour contact)

Office Hours: Monday thru Friday
8:00 am to 5:00 pm
Evening appointment as scheduled
E-mail: newchance@newchance.org
www.newchance.org

Services Provided:

◆ **Social Detox:**

A non-medical detoxification unit, staffed 24 hours a day.

◆ **Intermediate:**

An in-house residential treatment program utilizing an educational approach, emphasizing the disease process.

◆ **Reintegration:**

Providing 24-hour, residential living of a supportive nature for recovering persons. This service allows client to return to the workforce and yet continue to receive structure and support

◆ **Outpatient:**

A non residential setting providing group and individual counseling. This program also allows for family counseling if appropriate.

New Chance, Inc. Continued...

◆ **Intensive Outpatient:**

A non residential setting, providing an intense treatment program with a minimum of 9 hours of contact weekly.

◆ **Court Evaluations**

◆ **Youth Services**

◆ **SB 123 Certified**

◆ **Alcohol Drug Information School**

New Chance, Inc. provides treatment to all persons seeking treatment. Quality, affordable services are open to all persons affected by alcohol and other drugs. Third party payment and self-pay, based on a sliding fee scale, are options. Federal Poverty Guidelines and Kansas Residency are criteria for (SRS) Addiction and Prevention Services funding. SB 123 funding available along with SB 67.

Mission Statement

...dedicated to providing a nurturing, compassionate and thriving environment for individuals affected by alcohol and other drugs. We offer them turmoil through education, treatment and the recovery process.

O'Shea Memorial Clinic Rural Health Clinic

Location: 810 West Bramley
Jetmore, KS 67854
620-357-8354
620-357-6460 fax

FAMILY PRACTICE CLINIC OFFERED:

Alan Snodgrass, M.D. or Richard A. Snodgrass, M.D.
Sally Kreger, ARNP or Sarah Kreger, ARNP
Jan Harding, APNP or Janelle Harding, ARNP

Services provided: Family practice, minor surgery,
pediatrics, adult medicine, diabetes and
geriatrics

Hours: Monday – Friday 8am to 12pm, 1pm to 5pm
See patients 9am to 11:15am, 1pm to 4:15pm

SPECIALTY CLINICS OFFERED:

◆ Cardiology:

Roger Evans, MD
Cypress Heart
9300 E 29th St. N Ste 310
Wichita, KS 67201
316-858-9000
Available in Jetmore every 6 months

Christine Fisher, MD
DeBakey Heart Institute
2214 Canterbury Drive Suite 302
Hays, KS 67601
785-625-4699 or 888-625-4699
Available in Jetmore the 1st Tuesday of every month

O'Shea Memorial Clinic, cont...

◆ Orthopedic:

Dr. Lee

Hays Orthopedic Clinic

2500 Canterbury Dr., Suite 112

Hays, KS 67601

1-800-248-0073 or 785-261-7599

Available in Jetmore the 3rd Wednesday of every month

◆ Diabetes ... Adult and Pediatric:

Richard Guthrie, MD 316-687-3100

200 S. Hillside

Wichita, KS 67201

Available in Jetmore every 4 months

◆ Surgery:

Michael Lasley, MD

Ross Stadalman, MD

Surgical Associates of Hays

2501 E 13th St., Suite 7

Hays, KS 67601

785-628-3217

Parents as Teachers

“All children will learn, grow, and develop to realize their full potential.”

Contact: Cindy Shriwise, Coordinator
620-357-8395
Hodgeman County Elementary
301 Douglas / PO Box 542
Jetmore, KS 67854

A program for Child Development offered by:
Hodgeman County School District #227 and
Kansas State Board of Education

The Parents As Teachers program is for:

- ◆ Parents or Guardians of infants and toddlers
- ◆ Prenatal to age 3
- ◆ First time, single, expectant, and experienced parents who want to help their child grow physically, mentally, emotionally, and socially

SERVICES PROVIDED:

- ◆ Personal home visits by certified parent educator
- ◆ Parent group meetings for sharing of ideas, experiences and concerns, and to obtain parenting information.
- ◆ Periodic monitoring and screening to detect developmental delays.
- ◆ Resource materials
- ◆ Weekly Play Group
- ◆ Monthly Newsletter

Parent Helpline

Contact: Parent Helpline
Kansas Children's Service League (KCSL)
PO Box 517
Wichita, KS 67201
1-800-332-6378
www.kcsl.org

The Parent Helpline is a free, anonymous, telephone information and referral service.

All Helpline counselors are trained staff and volunteers of Kansas Children's Service League, a statewide, nonprofit agency dedicated to the children and families of Kansas.

Helpline can help you with all your questions, big or small. Helpline counselors can also refer you to services anywhere in Kansas.

Hours:
24 hours a day
7 days a week

Salvation Army - Jetmore

Contact: Dennis Fulton, Pastor
Jetmore United Methodist Church
204 E Hwy
Jetmore, KS 67854
620-357-6237

SERVICES PROVIDED:

- ◆ General: food, clothing, shoes, coats, bedding, furniture, utilities (50% or \$50.00, whichever is less), rent
- ◆ Transient Aid: meals, lodging, minor car repairs, gas
- ◆ Health: medical prescriptions, hearing aids, Braille literature, milk for school children, school lunches
- ◆ Camping: camping at Mo-Kan Camp for children, teens, senior citizens and other special groups
- ◆ Christmas: food baskets, League of Mercy Kits, toys, gifts, fruit, candy
- ◆ Disaster: canteen services, supplies, relief to victims, volunteers
- ◆ Optical: prescriptions, frames, examinations
- ◆ Dental: examinations, minor dental work, extractions
- ◆ Education: large print Bibles, student aids, learning supplies, GED cost
- ◆ Other: any service, act, supplement, material grants or help which would fit a temporary or emergency service

“See to Learn” Program

Contact: Eye Care Council
1-800-960-EYES

Todd Fleischer
1266 SW Topeka Blv.
Topeka, KS 66612
www.seetolearn.com

The “See to Learn” Program is a three step program designed to assure that kindergarten children entering Kansas schools can *see to learn*. Sponsored by the Kansas Optometric Association and The Eye Care Council.

◆ Step One:

Ongoing education to alert parents and educators about the signs of vision problems in children of any age.

◆ Step Two:

Free vision assessment for three year olds. The objective of the assessment is to detect vision conditions which require correction at an early age. The assessments will be conducted by a participating Eye Care Council Optometrist.

◆ Step Three:

Professional vision examination from an optometrist or ophthalmologist, paid for by you the parent, prior to your child starting kindergarten. This is an investment which will ensure that vision problems do not affect your child’s ability to learn and do well in school.

If you need a referral for either a vision assessment for your three year old or an examination for your kindergarten student, please call the Eye Care Council: 1-800-960-EYES

Services for Children with Special Health Care Needs

Location: KDHE
Curtis State Office Building
1000 SW Jackson, Suite 220
Topeka, KS 66612-1274
785-296-1313
www.kdheks.gov/cyshcn

Services for children with Special Health Care Needs is funded by state and federal Title V Funds. Those who are eligible include:

- ◆ Youth who live in Kansas under the age of 21
- ◆ Youth with a medical condition covered by the program
- ◆ Those who meet the financial guidelines, except for those with PKU, congenital hypothyroidism, or galactosemia
- ◆ Kansas residents of any age who have congenital hypothyroidism, sickle cell disease, PKU, galactosemia, or hemophilia

SERVICES PROVIDED:

◆ **Diagnostic Services:**

Available to Kansas youth under the age of 21 who are suspected to have a severe disability or chronic disease

◆ **Treatment Services:**

Including medical specialist, outpatient care, hospitalization, surgery, durable medical equipment, and reimbursement for interpreter services and transportation to medical specialty care. A limited amount of therapy is provided for eligible conditions.

◆ **Outreach Clinics:**

Bring specialty diagnosis, consultation and follow along care as close to the child's home as possible. Clinics are conducted for hearing loss, orthopedic conditions, neurological impairment, cardiac diseases and genetic diseases.

◆ **Special Services:**

Includes counseling and planning for health care needs, developing an individual plan of health care and follow along for each person accepted for services.

Shriners Hospitals

Contact: Headquarters
Shriners Hospital
2900 Rockey Point Drive
PO Box 31356
Tampa, FL 33631
1-800-237-5055
www.shrinershq.org

Shriners Hospital for Children is a network of 19 orthopedic hospitals and four burns institutes, founded by the Shrine, where children under the age of 18 receive excellent medical care absolutely free of charge. These “Centers of Excellence” serve as major referral centers for children whose families cannot afford to pay for the care they need.

All of the orthopedic hospitals are equipped and staffed to treat children with congenital orthopedic deformities, problems resulting from orthopedic injuries, and diseases of the musculoskeletal system. Three of the orthopedic hospitals also have special programs dedicated to caring for children with spinal cord injuries.

The three Shriners Burns Institutes treat children with acute, fresh burns; children needing plastic reconstructive or restorative surgery as a result of “healed burns; children with severe scarring, resulting in contractures of interference with mobility of the limbs; and children with scarring and deformity of the face.

Shriners Hospitals and Shriners Burns Institutes are open to all children without regard to race, religion or relationship to a Shriner. There is never a charge to the patient or parents for any medical care or services provided at a Shriners Hospital. Any child who meets the following criteria may be eligible for care at Shriners Hospital:

Shriners Hospitals cont...

- ◆ If the child is under the age of 18
- ◆ If treatment at another facility would place a financial burden on the child's family or legal guardian
- ◆ If there is a reasonable possibility the child's condition can be helped

Application forms for admission to a Shriners Hospital can be obtained by requesting one from the above address or at www.shrinershq.org.

Social and Rehabilitation Services

Locations:

1509 Ave P
Dodge City, KS 67801
620-227-8508
1-888-369-4777
www.srs.ks.gov

SRS Access Point: *(location to pick up applications, brochures, envelopes, and other information)*

Hodgeman County Health Dept
500 Main, Courthouse, Jetmore
620-357-8736

Materials are actually located in a display rack on the wall in the first floor lobby of the Courthouse.

Other Access Points: Jetmore Food Center, Jetmore City Office

SERVICES PROVIDED:

◆ **TAF ... Temporary Assistance to Families**

Gives cash help to families with children under 18 years old whose parent is absent, unemployed or unable to work. It also gives cash help to pregnant women who will be eligible when their baby is born.

◆ **Medicaid**

Offers medical care, prescription drugs and treatment for pregnant women and children who meet income and resource guidelines.

◆ **Food Stamp Program**

Nutrition assistance program that provides coupons to eligible persons for use in purchasing food from the grocery store.

◆ **Child Support Enforcement Program**

Helps get child support payments from an absent parent due to separation or divorce.

◆ **KAN BE Healthy**

Provides a screening, referral and treatment program for children covered under the Medicaid program. The screening includes a check of vision, hearing, oral health, development, nutrition, immunization and disease.

◆ **Low Income Energy Assistance Program**

Heating assistance is available to households having income below a required limit. Available January - March.

◆ **Family Crisis Services**

Privatizes with Family Preservation on pg 16.

◆ **Child Protective Services**

Investigate child abuse cases to provide children with a safe living environment Child/Adult Abuse Hotline: 1-800-922-5330

◆ **Rehab Services**

Working in partnership with Kansans with disabilities to achieve their goals for employment and independence, provides disability support services, training and equipment.

◆ **Earned Income Credit (taxes)**

IRS: 1-800-829-1040

Applications Available:

Hodgeman County Health Department

Southwest Kansas Area Agency on Aging, Inc.

236 San Jose Drive, Hennessy Hall
PO Box 1636
Dodge City, KS 67801
620-225-8230
1-800-742-9531
620-225-8240 fax
www.swkaaa.org

Contact Person: David L. Geist, Executive Director
Office Hours:
Monday – Friday 8:00am - 5:00pm

Regional Offices:

Garden City - 1809 E Mary, Suite 6, 67846
620-275-4500

Great Bend - 1905 Washington, 67530
620-793-6633

Liberal - 1010 S. Kansas, Suite B-14, 67901
620-624-2255

Pratt - 413 South Main, 67124
620-672-2148

SWKAAA is a planning, funding and coordinating agency for services to the older citizens of the 28 counties of southwest Kansas. The Agency receives funding from various county, state and federal programs.

Services Provided:

- ◆ Information & Assistance
- ◆ Senior Health Insurance Counseling
- ◆ In-Home Service Programs
 - Older Americans Act
 - Senior Care Act
 - Frail Elderly Waiver
- ◆ Case Management
- ◆ Client Assessment, Referral and Evaluation
- ◆ Nutrition
- ◆ Focal Point Centers
- ◆ Legal Services
- ◆ Housing
 - HUD Rent Assistance Program
- ◆ Silver Haired Legislature
- ◆ The Older Kansas Employment Program
- ◆ Family Caregiver Assistance Program

Eligibility Requirements: Age requirements vary according to service or program. Low-income families or persons with disabilities may also be eligible for assistance, services or programs provided by SWKAAA.

Fees: There may associated with some services arranged through or provided by SWKAAA. Amounts will be disclosed at the time of application.

Southwest Kansas Local Environmental Planning Group

Location: 409 Campus Drive, Suite 101
Garden City, KS 67864
620-272-7959
1-800-794-4361
or
Hodgeman County Health Department
620-357-8736
www.lepg.net

Objectives of the Group:

- ◆ To improve and maintain the quality of the water resources within Southwest Kansas
- ◆ To insure that future activities maintain groundwater quality in Southwest Kansas
- ◆ To protect the overall health and safety of the people of Southwest Kansas. Hodgeman County is part of this multi-county group.

SERVICES PROVIDED:

- ◆ Domestic Well Water Sampling (costs small fee)
- ◆ Private On-site Waste Water System Evaluation
- ◆ Domestic Well Evaluation
- ◆ Public Education on Water Quality
- ◆ Environmental Program Regulation Information
- ◆ Interpretation of Water Quality Analysis
- ◆ Issue Permits required by Hodgeman County
Environmental Codes for new or updated Waste
Water Systems
- ◆ Representative available in Hodgeman County to
provide the above services as needed.

United Methodist Western Kansas Mexican-American Ministries

Health Clinic Locations:

Health Clinic	The Care Center	
1700 Ave F	1700 Ave F	712A St. John St
620-225-6821	620-225-0625	620-275-1766
Dodge City, KS 67801		Garden City, KS

Dental Clinic Locations:

2011 Central	310 E Walnut
Dodge City, KS 67854	Garden City, KS 67846
620-227-9797	620-272-0570

www.ummam.org

Family Practice Medical Clinic:

- ◆ Treatment of illness/injuries
- ◆ Health Education
- ◆ Routine Laboratory/Ultrasound
- ◆ Wellness & Preventive Care
- ◆ Prenatal Care
- ◆ Immunizations & TB testing
- ◆ Behavioral health

Dental Clinic:

- ◆ Preventive, acute, & treatment services
- ◆ Lifetime Smiles oral health education
- ◆ Screening & Dental care

Special Health & Outreach Programs:

- ◆ Breast & Cervical cancer initiative
- ◆ SWKS diabetes education & control
- ◆ Optometry & podiatry (limited)
- ◆ Insulin program
- ◆ HIV/AIDS case management
- ◆ HIV/AIDS education & outreach
- ◆ Healthy steps for young children
- ◆ Farm Worker case management
- ◆ Reach out & read early literacy

Community Services:

- ◆ Emergency assistance with utilities & rent
- ◆ Food and Clothing banks
- ◆ Citizenship Services
- ◆ Documentation assistance for immigration & naturalization applicants
- ◆ Multi-ethnic Christian vacation bible school
- ◆ Bibles and Christian literature; Youth camping opportunities; Bible School/Day Camp; Tutoring
- ◆ Parenting Classes
- ◆ Support groups
- ◆ Volunteer income tax assistance
- ◆ Child & adult care food program for Morton, Stanton, Stevens & Grant counties
- ◆ Civil rights/Employment/Service issues
- ◆ Parents as teachers
- ◆ Learning skills classes

Languages:

- ◆ Services are provided in English, Spanish, Low German, & Burmese

United Methodist Youthville

Campus Administration Office & Residential Facility:

PO Box 1394
11200 Lariat Way
Dodge City, KS 67801
620-225-0276

www.youthville.org/DodgeCity/campus

Some Specific Programs Include:

- ◆ Residential Facilities for Psychiatric

Residential Treatment Include:

- ◆ Youthville provides a total treatment milieu including
- ◆ Individual, Group and Family Therapy
- ◆ Therapeutic Animal Therapy
- ◆ Adaptive Psychodynamic Activities
- ◆ 24 hour nursing
- ◆ Structured and supportive cottage environment
- ◆ Campus psycho educational program in cooperation with USD 443 and 613 Special Education Coop.

Campus Director: Patrick Harman

Community Based Services: 620-225-6948

Non-Residential Outreach Services for the Community Include:

Therapists: Debra Schartz-Robinson, LCSW, ADCS
Theresa Copeland, LMSW

Individual and Family Therapy:

- ◆ Individual or Family Therapy sessions designed to focus on individual or family needs.

In-Home Family Treatment:

- ◆ This program is developed to provide therapeutic services to families in their own environment. Treatment is designed as a tool to prevent out of home placement or support reunification of the youth into the home.

Therapeutic Animal Program:

- ◆ This program is designed to partner with animals to help children with emotional difficulties learn responsibilities and accountability, to help with their ability to attach, connect, and heal from trauma.

Contact: Teresa Copeland 620-225-6948 ext 3212

Play Therapy:

- ◆ This program is designed to work with children who maybe able to express their feelings more openly through their own world of play.

WIC (Women, Infant and Children)

Contact: Karen Haug, R.N. Administrator
Hodgeman County Health Department
500 Main, Courthouse, PO Box 86
Jetmore KS 67854
620-357-8736
www.kansaswic.org

WIC is a special supplemental food program for pregnant, Breast-feeding and post-partum women; infants; and children up to age 5. These persons must:

- ◆ Meet income guidelines
- ◆ Be at nutritional risk as determined by a WIC Health Professional

WIC PROVIDES:

- ◆ The goal of WIC is to prevent or correct health problems caused by poor nutrition, by providing nutritious foods and nutrition education.

Nutritious Foods:

- ◆ WIC foods are meant to supplement your diet at an important time in growth and development. The type and amount of food you receive is prescribed by the health professional and may vary.

Nutrition Education:

- ◆ A nutritionist or nurse will talk with you and provide films and pamphlets to help increase your understanding of nutrition.

WIC encourages regular health care:

- ◆ Ask your clinic about health care for you and your family.

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